

Course Description Form

1. Course Name:	
Basics and Techniques of Skin Care practical	
2. Course Code: SKT102	
3. Semester / Year: first	
2025/2026	
4. Description Preparation Date:	
2025	
5. Available Attendance Forms:	
Live attendance in the classroom	
6. Number of Credit Hours (Total) / Number of Units (Total)	
15 weeks/ 60 hrs	
7. Course administrator's name (mention all, if more than one name)	
Name: Rasha Khadim Muhsin Email: rkm.hasnawi@yahoo.com	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> - Understand basic skin anatomy and functions. - Recognize common skin conditions. - Perform basic and advanced skin care techniques. - Understand the principles of PRP and medical injection in aesthetics. – Ap ethical standards in skin care practice. - Develop a foundation in dermatological research and business s.....
9. Teaching and Learning Strategies	
Strategy	<p>This course introduces students to the fundamentals of dermatology, skin structure and function, common dermatological conditions, and various skin care applications. The course includes theoretical foundations and hands-on training in skin assessment, cleansing, therapeutic and cosmetic techniques, as well as introductory medical aesthetic procedures such as PRP (Platelet-Rich Plasma) and injection methods. Ethical practice, research skills, and business basics in the skin care field are also covered.</p>

10. Course Structure

Week	Hours	Required Learning Outcomes	Unit or subject name	Learning method	Evaluation method
First	ε	Knowledge	Skin structure identification (models, diagrams)	Giving a lecture using model presentation methods	Daily quiz & oral questions
Second	ε	Knowledge	Facial cleansing steps product selection	Giving a lecture using model presentation methods	Daily quiz & oral questions
Third	ε	Knowledge	Skin analysis: Wood's lamp, magnifying lamp	Giving a lecture using model presentation methods	Daily quiz & oral questions
Fourth	ε	Knowledge	Case-based discussion & basic diagnosis skills	Giving a lecture using model presentation methods	Daily quiz & oral questions
Fifth	ε	Knowledge	Product label reading formulation basics	Giving a lecture using model presentation methods	Daily quiz & oral questions
Sixth	ε	Knowledge	Superficial chemical peeling demonstration	Giving a lecture using model presentation methods	Daily quiz & oral questions
Seventh	ε	Knowledge	Hands-on facial mask application & microderm	Giving a lecture using model presentation methods	Daily quiz & oral questions
Eighth	ε1	Knowledge	Injection tools and materials: demo and	Giving a lecture using model presentation methods	Daily quiz & oral questions

Ninth	ε	Knowledge	handling PRP preparation step: (simulation)	presentation methods Giving a lecture using model presentation methods	Daily quiz & oral questions
Tenth	ε2	Knowledge	Practice on models with sterile injection technique	Giving a lecture using model presentation methods	Daily quiz & oral questions
Eleventh	ε	Knowledge	Device demonstration and safety handling	Giving a lecture using model presentation methods	Daily quiz & oral questions
Twelfth	ε	Knowledge	Role-play: Ethical dilemmas	Giving a lecture using model presentation methods	Daily quiz & oral questions
Thirteenth	ε	Knowledge	Review and discussion of a sample journal article	Giving a lecture using model presentation methods	Daily quiz & oral questions
Fourteenth	ε	Knowledge	Drafting a mini business plan for a skin care clinic	Giving a lecture using model presentation methods	Daily quiz & oral questions
fifteenth	ε	Knowledge	Student presentations Diagnosis + treatment plan	Giving a lecture using model presentation methods	Daily quiz & oral questions

11. Course Evaluation

Distributing the score out of 100 according to the tasks assigned to the student such as daily preparation, daily oral, monthly, or written exams, reports ... etc

12. Learning and Teaching Resources

Recommended books and references
(scientific journals, reports...)

- Bologna, J.L., Schaffer, J.V., & Cerroni, I. (2017). *Dermatology (4th ed.)* Elsevier
- Draelos, Z.D. (2015). *Cosmetic

	<p>Dermatology: Products and Procedures (2nd ed.)* Wiley Blackwell. - Baumann, L. (2009). *Cosme Dermatology: Principles and Practice. * McGraw-Hill. - Sadick, N.S. (2018). *P and Microneedling in Aesthetic Medicin * Springer. - Thibodeau, G.</p>
Electronic References, Websites	Pubmed and scinencedirect